

# **Upper Cervical Care of SB<sup>sm</sup>**

## **Personal Information Form**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Second Phone: \_\_\_\_\_

E-mail: (please print clearly) \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_  M  F Occupation: \_\_\_\_\_

Marital Status:  S  M  D Spouse's Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

# of Children: \_\_\_\_\_ Name & age: \_\_\_\_\_

How did you find us: \_\_\_\_\_

### **Symptoms and Present State of Health**

Reason for Seeking Care in this Office: \_\_\_\_\_

Problem(s) started: \_\_\_\_\_

What lessens your pain? What aggravates it? \_\_\_\_\_

Is this condition progressively getting worse? \_\_\_\_\_

Is this condition interfering with:  Work  Sleep  Routine  Whole Life

Other: \_\_\_\_\_

Do you have a family history of:  Heart Disease  Arthritis  Cancer  Diabetes

Other \_\_\_\_\_

**Mark any of the following conditions / symptoms that you have now, or have experienced:**

H H  
A A  
D V  
E

- Headaches
- Neck Pain
- Sleeping Problems
- Low Back Pain
- Nervousness
- Tension
- Irritability
- Dizziness
- Pain Between Shoulders
- Neck Stiff
- Joint Swelling
- Fever
- Loss of Balance
- Ringing in Ears
- Jaw/TMJ Problems

H H  
A A  
D V  
E

- Pain in Hands or Arms
- Numbness Hands or Arms
- Pain in Legs or Feet
- Numbness in Legs or Feet
- Fatigue
- Depression
- Lights Bother Eyes
- Loss of Memory
- Shoulder Pain
- Sinus
- Shortness of Breath
- Asthma
- Allergies
- Cold Hands
- Cold Feet

H H  
A A  
D V  
E

- Chest Pains
- Heart Attack
- High Blood Pressure
- Stroke
- Cancer
- Painful Urination
- Diabetes
- Diarrhea
- Constipation
- Stomach Upset
- Heartburn/Reflux
- Sudden Weight Loss
- Loss of Smell or Taste
- Menstrual Cramps
- Menopause

Are you under medical care for any condition? \_\_\_\_\_

What Medications are you taking? How long? \_\_\_\_\_

Have you had surgery? When? Any side effects? \_\_\_\_\_

Sports / Hobbies: \_\_\_\_\_

Anything else you wish me to know about you: \_\_\_\_\_

I hereby certify that the statements and answers given on this form are accurate to the best of knowledge and understand it is my responsibility to inform this office of any changes in my health.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_